



IMPORTANT NOTE RE HEAD LICE

09/09/09

Dear Parents,

It is very important that children are treated on a regular basis to prevent infection and re-infection with head lice.

We are advising the following steps:

1: Check you child's head for any evidence of eggs. They are small white pin dot size eggs. Dry scalp flakes will move quite readily on the hair but head lice eggs will not move up or down the strand of hair unless using a fine tooth comb.

2: If you child has eggs in their hair it is likely they will also have live head lice throughout their hair. These insects are difficult to detect at time as they begin their cycle as small see through insects and are therefore hard to see. The adult insect is dark black in colour and this is what lays the eggs.

3: Each of these eggs will hatch eventually therefore just using head lice shampoo is not sufficient. You must shampoo and remove the eggs using a fine tooth comb to prevent the cycle of growth occurring again. When the shampoo is used apply a lot of conditioner to the hair and do not rinse. Comb through several times with a fine tooth comb and the eggs will be easier to remove.

It is advisable to use the shampoo on the same day each week e.g. Friday night for at least three weeks until all of the eggs have been successfully removed. This can take some time especially for girls with long hair. There are many shampoos available on the market e.g. Lyclear. When shampooing concentrate on behind the ears and nape of the neck. These are the areas usually affected.

Tea tree spray is available in some pharmacies and this acts as a very good repellent if there is an infestation in the class. Please try to treat your child as soon as possible as the sooner the children are treated the faster the infections will be eliminated.

If you have any questions please do not hesitate to contact me.

Yours Sincerely

A handwritten signature in black ink that reads 'Mary Barry'.

Mary Barry
Principal