



HEALTHY EATING AND RECYCLING POLICIES

At St. Philomena's we encourage a healthy eating policy. We would greatly appreciate your co-operation when supplying lunch in order to help us implement this policy.

Foods Not Allowed

Crisps
Peanuts
Chewing Gum
Sweets
Biscuits
Fizzy Drinks
Cakes
Chocolate Bars

Foods Encouraged

Sandwiches
Fruit
Popcorn
Bottled water/juice
Cereal bars e.g Alpen
Yoghurt
Yoghurt Drinks
Milk

Recycling Policy

We encourage our children to dispose of waste in an environmentally friendly way. In each classroom we have a normal waste disposal bin, recycling bin and a compost bin. As we have been awarded the green flag we would appreciate your co-operation in implementing this more eco-friendly system.

As part of our green schools initiative we are trying to reduce the amount of waste in the school. We would like you to use re-usable drinks bottles, flasks, sandwich/lunch boxes. As a result of this we hope to reduce the amount of cartons, plastic bottles, tin-foil, cling film, plastic bags and encourage re-usable containers and bio-degradable paper.

Please support our green school policy by purchasing re-usable bottles, flasks, sandwich/lunch boxes for the new academic year.

Thank You